CARING: HELPING HANDS WORKSHEET

LESSON 8: CARING • GRADE K

Preparation difficulty

Easy ——————————————————————— **Hard**

Lesson duration:
30 minutes

READY
Students will be able to:

- Review the key components of caring behavior by completing the Helping Hands activity

  Key Phrases: caring, helpful, kindness

SET
- Large Kelso Star classroom poster for viewing
- Helping Hands Worksheets – 1 per student (page 57)
- Crayons or markers

GO
- Refer to the poster. Ask students if they can identify which section of the poster shows caring behavior.
- Ask students to explain how Kelso is showing he is caring.
- Review that, just like Kelso, students should be helpful and kind to others, especially if they look sad.
- State that today, students will review the character trait of caring by being helpful and showing kindness toward others. Emphasize that caring people don't wait to be asked to help others — they do nice things on their own.

ACTIVITY: 10 MINUTES

- Ask students: Have you seen someone being helpful today? How about on the school bus, at home, or in our classroom? If so, what did you see happening?

  Example: "I saw the Principal open the door for a teacher today because the teacher's hands were full."

- Ask students to name someone at home or at school who might need a helping hand. Discuss what the student could do to help that person.

  Examples: Grandma – Needs help picking something up on the floor; Janitor – Needs help clearing the desks and tables off to make cleaning easier

ACTIVITY: 20 MINUTES

- Hand each student a Helping Hands worksheet.
- Instruct students to pick a person they think needs their help and draw a picture showing how they would care for and help that person. When drawings are completed, have each student share what he or she created.
- Conclude the lesson by posting the pictures in the hallway or classroom. Title the display: "Mr(s). _____ Kindergarten's Helping Hands."
- Optional: Add traced cut-outs of the students' hands to the display.

FINISH LINE
Were students able to:

- Review key components of caring behavior by completing the Helping Hands worksheet?

Name: ....

Here's what I look like being **CARING**